



9 easy ways to use less plastic

Did you realize that ...

Plastic can now be found in every part of the world's oceans.

Most of what we eat, drink or use comes packaged in plastic.

Plastic is designed to last forever, but we use it in products that we then throw away.

In Australia, only about 40% of plastic packaging is recycled (even when you put it in the recycling bin). The rest either goes to landfill or can end up in our environment or oceans.

It makes sense to find easy ways to use less plastic.



Use a stainless steel water bottle - stop buying bottled water.



Buy grocery items packaged in glass instead of plastic where possible.



Take re-usable bags to the supermarket.



Use re-usable fruit and veggie bags. They can keep produce fresher for longer, and the bags are very strong & durable.



Be plastic straw free. Drink without using plastic straws.



Compost so you use fewer garbage bags.



Purchase wooden toys.



Use only biodegradable or real plates and cutlery (not plastic).



Use glass jars instead of plastic containers to store food.

Reduce your plastic usage – get started today!